

# UNDERSTANDING THE UNIQUENESS OF **Periostat** (doxycycline hyclate) 20mg tablets



Periostat is an effective weapon in the fight against serious gum disease (adult periodontitis). It directly treats the destruction of tooth and gum tissue caused by certain enzymes in your body. Periostat is the first and only medication that primarily suppresses the action of these destructive enzymes. Periostat is available by prescription only and should be taken orally in combination with a deep cleaning procedure known as scaling and root planing.

"Periostat has been shown to help stop the progression of periodontitis when used as directed as an adjunct to scaling and root planing, in a conscientiously applied program of oral hygiene and regular professional care."

— Council on Scientific Affairs, American Dental Association

*Here is important information about Periostat. Keep it handy for reference.*

## Questions & Answers About Periostat

### **Q: How does Periostat work?**

**A:** Periostat works by suppressing certain enzymes overproduced by the body that destroy gum tissue and bone.

### **Q: Why should I take Periostat?**

**A:** Research has shown that periodontitis is best treated by removing infectious bacteria from your teeth by a deep cleaning procedure known as scaling and root planing **and** by controlling the overproduction of enzymes with Periostat. Thus, Periostat improves the effects of scaling and root planing by allowing the body to repair and rebuild damaged tissue.

### **Q: When should I take Periostat?**

**A:** Periostat should be taken twice daily, usually as one tablet in the morning and one in the evening. If taken close to mealtimes, allow at least one hour before or two hours after meals. Periostat should be taken with an adequate amount of water.

### **Q: How long should I take Periostat?**

**A:** The amount of time that you will take Periostat is different for each person and depends on the severity of your gum disease and the time needed for your body's healing process to take place. It is important that you continue to take Periostat as directed by your dentist. Please see the reverse side for additional information.

### **Q: What if I forget to take a tablet?**

**A:** Just resume taking the next scheduled dose. Don't double up to make up for the missed tablet.

### **Q: Can I take Periostat with other medications or vitamins?**

**A:** Periostat and certain other medications may not work properly when taken together. Antacids and vitamins which contain minerals should not be taken at the same time as Periostat. See the reverse side for more information.

### **Q: Are there any people who shouldn't take Periostat?**

**A:** Women should not take Periostat if they are pregnant or breast feeding, as it may cause harm to the unborn child or infant. And, you should not take Periostat if you're allergic to tetracycline antibiotics. Infants and children 8 years and younger should not take Periostat.

You're on your way to a healthier mouth! Remember—it is vital to follow your dentist's recommended home-care program and to keep future appointments! Please consult your dentist or hygienist should you have any questions about your treatment plan. To find out more about Periostat, visit our Web site at [www.periostat.com](http://www.periostat.com).

Please see your dentist or pharmacist or visit our Web site, [www.periostat.com](http://www.periostat.com), for Full Prescribing Information. Please carefully read the Periostat Patient Prescribing Information provided on the reverse side.

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## HOW PERIODONTAL DISEASE PROGRESSES



### **Gingivitis**

Bacteria and plaque have caused the gums to become inflamed and to bleed easily. Plaque gets into the space between the gum and tooth. Professional cleaning and good home care are usually enough to restore healthy gums.



### **Periodontitis**

High levels of bacteria initiate release of tissue-destroying enzymes. These enzymes start a process which results in deeper "pockets" and bone loss. Treatment is aimed at stopping further damage and reversing the progression of the disease.



### **Advanced Periodontitis**

Bacteria and enzymes have caused gum and bone to degrade further. At this stage, treatment is critical to avoid losing teeth.