

## Pre-Surgical Instructions

1. If you wish, you may eat a light meal prior to surgery.
2. Wear comfortable, loose fitting clothes.
3. Please remove all jewelry (earrings, necklaces, bracelets).
4. Make sure you have read your Surgical Consent Form prior to day of surgery and jot down any questions that you may have. Bring in the consent form. The form will be signed in the office.
5. Prepare ice packs for use at home after surgery.
6. Purchase and prepare soft foods to eat after the surgery. (See post-op instructions).
7. Fill and pick up any prescriptions prior to surgery so that medications will be available. ***Be sure to take your antibiotics 1 hour prior to appointment.***
8. If you have been instructed to stop taking any medications, please do so.
9. Please have a companion who will accompany you to your visit and who will drive you home after the surgery.
10. Place a towel on top of your pillow for the first two days to protect your linens.
11. Please note that we require a 72-hour advance notice of cancellations for your surgical appointment. Any appointment cancelled less than 72 hours in advance will be subject to a non-refundable fee of \$500.



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Christopher Proto, D.D.S.